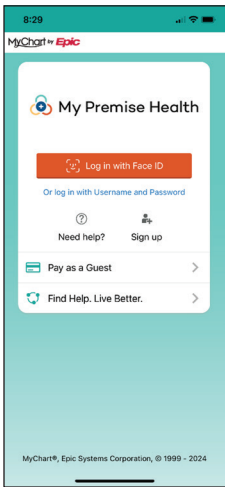


How to check your incentive reward status

Follow these steps to check your incentive status using the My Premise Health app or online at mypremisehealth.com.

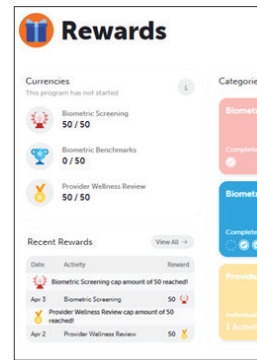
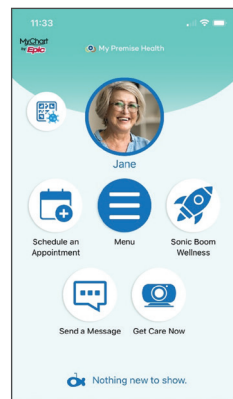


- 1 Log in to your My Premise Health account with your username and password. If you don't have an account, you can create one using the "Sign Up Now" option.

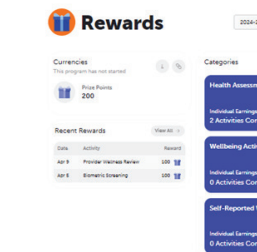
For support, call your wellness center, email mypremisehealthsupport@premisehealth.com or visit mypremisehealth.com and click "Contact Support" for assistance.

- 2 Select "Sonic Boom Wellness."

If "Sonic Boom Wellness" is not an option, select "Menu" to expand your choices. Under "My Record," select the "Sonic Boom Wellness" link to open your Rewards page.



- 3 On the Rewards landing page, look under the Currencies area. You will see what you have or have not completed.



- 4 If you have questions about your Rewards, please contact Sonic Boom Wellness Member Support through the main menu or by calling 877.766.4208, Monday through Friday, 8 a.m. to 5 p.m. PST.



Get started today.

Log in or sign up for your account on the My Premise Health app or at mypremisehealth.com.



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