

2019 WELLNESS CREDIT & FREE HRA BIOMETRIC SCREENING FAQ

What is an HRA Biometric Screening, and why do I need one?

HRA stands for Health Risk Assessment. The CareHere Health Risk Assessment is a proprietary, unique, and valuable offering. This offering provides a current evaluation of your overall health through a 28-panel fasting blood draw, vitals, and health update questionnaire. Your HRA will help identify high cholesterol, diabetes, liver functions, and much more. Completing your HRA with CareHere is recommended as the first step you should take on the path of wellness and preventive healthcare. The HRA is FREE TO EMPLOYEES & SPOUSES ENROLLED IN THE BUTLER HEALTH PLAN.

When do I have to get my HRA Biometric Screening and Expanded Questions completed?

- **January 1, 2019 - July 31, 2019** to be eligible for the wellness credit

Who is eligible for the \$150 Wellness Credit? When will I receive my \$150 Wellness Credit?

- Employee and/or Spouse in the medical plan who participate in the HRA screening will each receive a \$150 Wellness Credit toward their medical plan deductible
- The \$150 credit will be applied to your deductible beginning **January 1, 2020**

Where can I get my HRA Biometric Screening completed?

- At the Butler Advantage Health & Wellness Center located at 400 N Erie Blvd Suite D, Hamilton, OH 45011 (FREE)
- At an upcoming on-site HRA Biometric Screening Event (FREE)

How do I schedule my HRA Biometric Screening appointment?

- You can schedule your appointment online at CareHere.com or by calling the Patient Support Center at 513.896.2398 or by using the CareHere App

What if I cannot attend the on-site HRA Biometric Screening event?

- Schedule an HRA lab draw appointment with the Butler Advantage Health & Wellness Center (FREE)
- Utilize a local LabCorp facility with special lab requisition (FREE) obtained by contacting the Butler Advantage Health & Wellness Center by July 1st

Can I go to my own Primary Care Provider (PCP) to get my HRA Biometric Screening?

- Download the Outside Provider form off CareHere.com (post login)
- Your PCP must complete the form and fax it to the Butler Advantage Health & Wellness Center at 513-896-2399 by **July 15th**
- There may be a cost from your PCP associated with this option

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What else...

Can I eat or drink anything before having my HRA Biometric Screening?

- Don't forget to FAST for 10 hours prior to your blood draw. No food or drink except WATER or BLACK COFFEE
- Drink plenty of water to be sure you are properly hydrated for the blood draw

When can I expect my HRA Biometric Screening results?

- The lab results can be found online at CareHere.com within 48-72 business hours
- Personal HRA Biometric Screening follow-up appointments can be scheduled to review your results with a provider at the Butler Advantage Health & Wellness Center.

How do I share my HRA Biometric Screening Results with my Primary Care Provider (PCP)?

- Go to CareHere.com and print your results
- At check-in at the on-site HRA Biometric Screening event or when you check in at the Butler Advantage Health & Wellness Center, ask to have your results sent to your PCP (make sure you have your PCP's phone number)
- Contact CareHere directly at 513.896.2398 for assistance

What is the phone number to call for any questions related to the HRA Biometric Screenings?

- Call 513.896.2398

What if I have a medical condition that prohibits me from participating in the HRA Biometric Screening?

- Employees unable to participate due to medical reasons should contact the Butler Advantage Health & Wellness Center at 513.896.2398
- The Butler Advantage Health & Wellness Center providers will work with employees on a case-basis

Should you encounter any concerns from your employees about the privacy of their health information, please inform them that no personal identifying health information is ever made available to anyone in our company. Private health information is collected and securely stored by CareHere and will only be made available to our organization in aggregate format to identify trends and guide our wellness offerings and reward incentive for participation.