

# CareHere!

## YOU CHOOSE THE LENGTH OF YOUR APPOINTMENT

Use the guidelines below to determine the recommended amount of time you need to spend with your CareHere provider based on your specific need. A standard appointment with CareHere is 20 minutes. **Simply, schedule back-to-back appointments to accommodate the recommended amount of time below.**

If you are unsure how many appointments to schedule, call the CareHere Patient Support Center at 877.423.1330 to schedule your visit.

### 20-Minutes (1 Appointment)

- **Nurse Only Visits:**
  - Blood draw
  - Vaccination/immunization
  - Blood pressure
  - Weight checks
- Acute Need/Sick Visit
- Minor Injuries  
(Sprain, Cuts, Muscle Pain)
- HRA Review
- Plan-of-Care Follow-up
- Consultation
- 1-2 Medication Refills

### 40-Minute (2 Appointments)

- First-time Visits
- Annual Physical
- 1 or More Conditions Management
- Condition Management for Chronic Condition with Lab Work
- Sports/Camp Physical
- 3-4 Medication Refills

### 60-Minute (3 Appointments)

- Well-Woman GYN Exam
- Annual Physical & Multiple Chronic Conditions
- 5+ Medication Refills

If you can't make your appointment, don't forget to cancel or reschedule as soon as possible!

